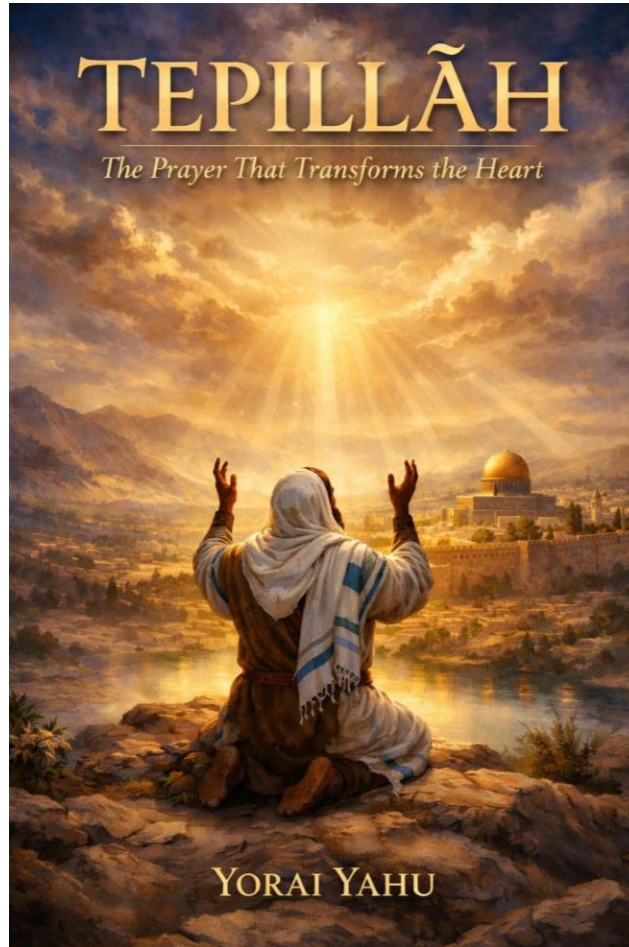
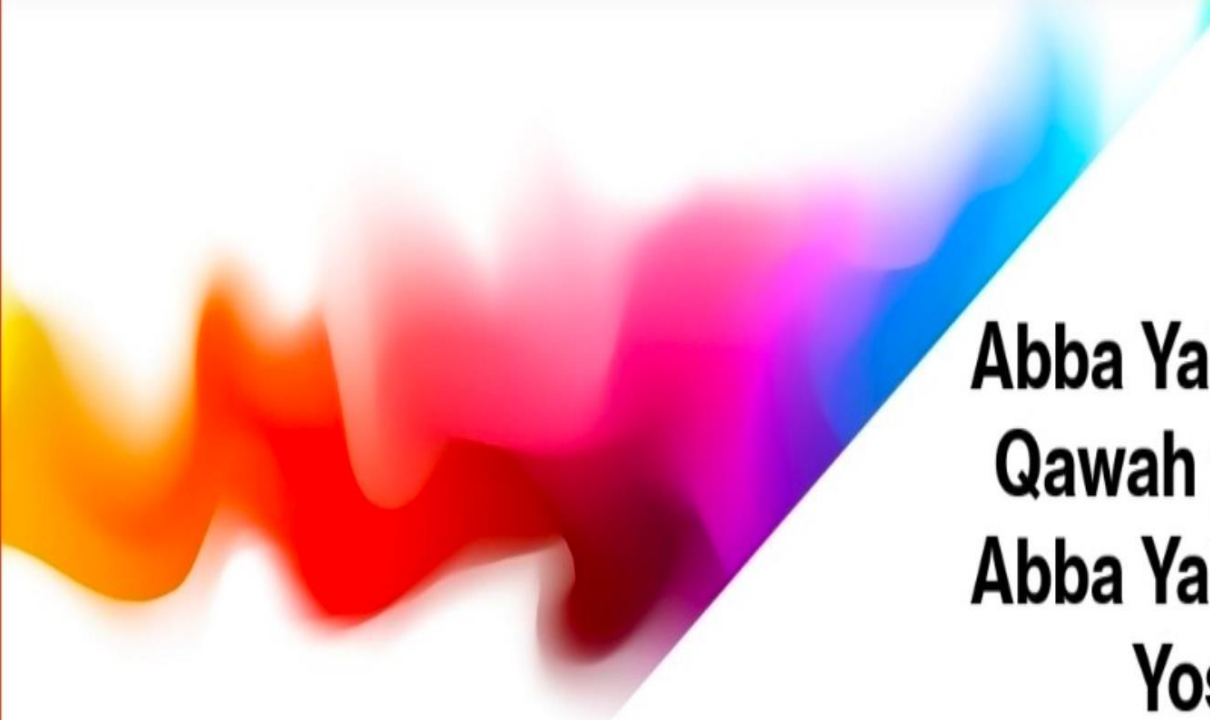


# TEPILLĀH

*The Prayer That Transforms the Heart*

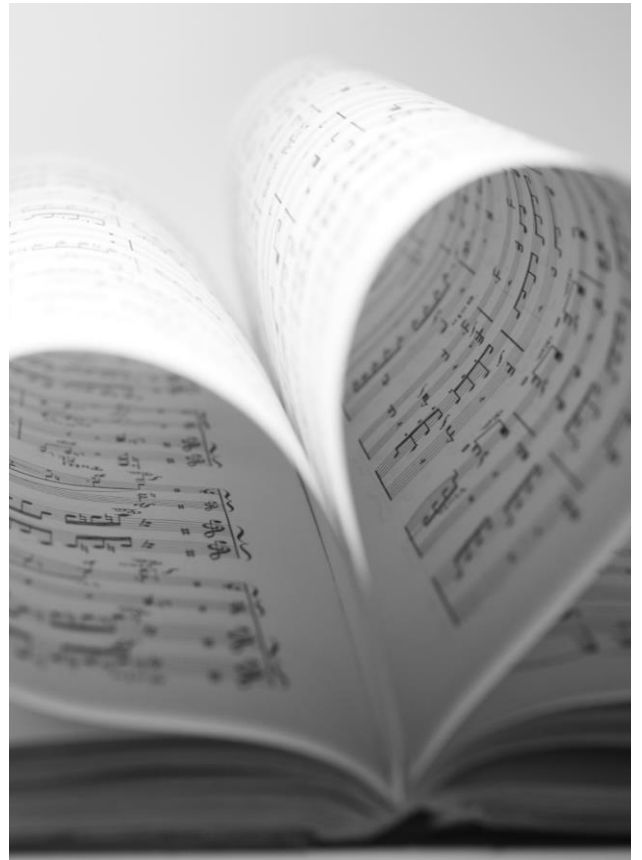




**Abba Yah help us to  
Qawah your Dabar,  
Abba Yah help us to  
Yosher in your  
Dabar, to have  
Batach and Amad in  
Your Dabar, so that  
we can receive Your  
Da'ath**

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# TEPILLÂH — The Prayer That Transforms the Heart



By: Yorai Yahu

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What Is Tepillâh?  
Strong's H8605



Alignment •  
Examination •  
Instruction • Revelation

# Ancient Paleo-Hebrew Spelling

𐤀 𐤁 𐤂 𐤃

(Taw—Pe—Lamed—Hey)

# Why Paleo Matters

Pictographs → Concrete → Original Meaning

# Root Meaning: Palal

## Strong's H6419

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Palal Meaning:  
Prayer

Self-judgment •  
Alignment •  
Intercession

---

Let's reveal the ancient meaning...

Tepillâh

# TAW — Mark • Covenant • Seal

Prayer Begins with Identity



“I belong  
to  
Yahuah.”



Prayer flows from covenant Consciousness

Psalms 119:94



# “I belong to Yahuah.”

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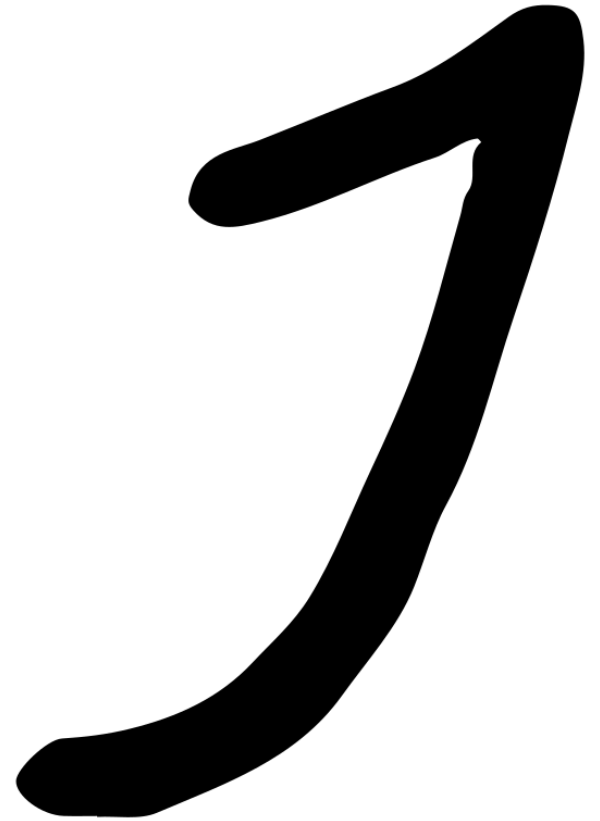
2 Esdras 6:55

“ All this I have spoken before thee, O Yahuah  
because thou madest the world for our sakes.”



— PE — Mouth •  
Breath •  
Expression

---



1

(Pe) Your  
breath carries  
Your Ruach  
Words reveal  
the inner  
heart

Psalm 19:14

“Let the words of my mouth,  
and the meditations of my  
heart, be acceptable in thy  
sight, Oh Yahuah, my  
strength, and my redeemer.”

7

(Pe) A  
prayer of  
mouth-  
alignment

Sirach 23:1

“O Yahuah, father and  
governor of my whole life,  
leave me not to their counsels,  
and let me not fall by them.”

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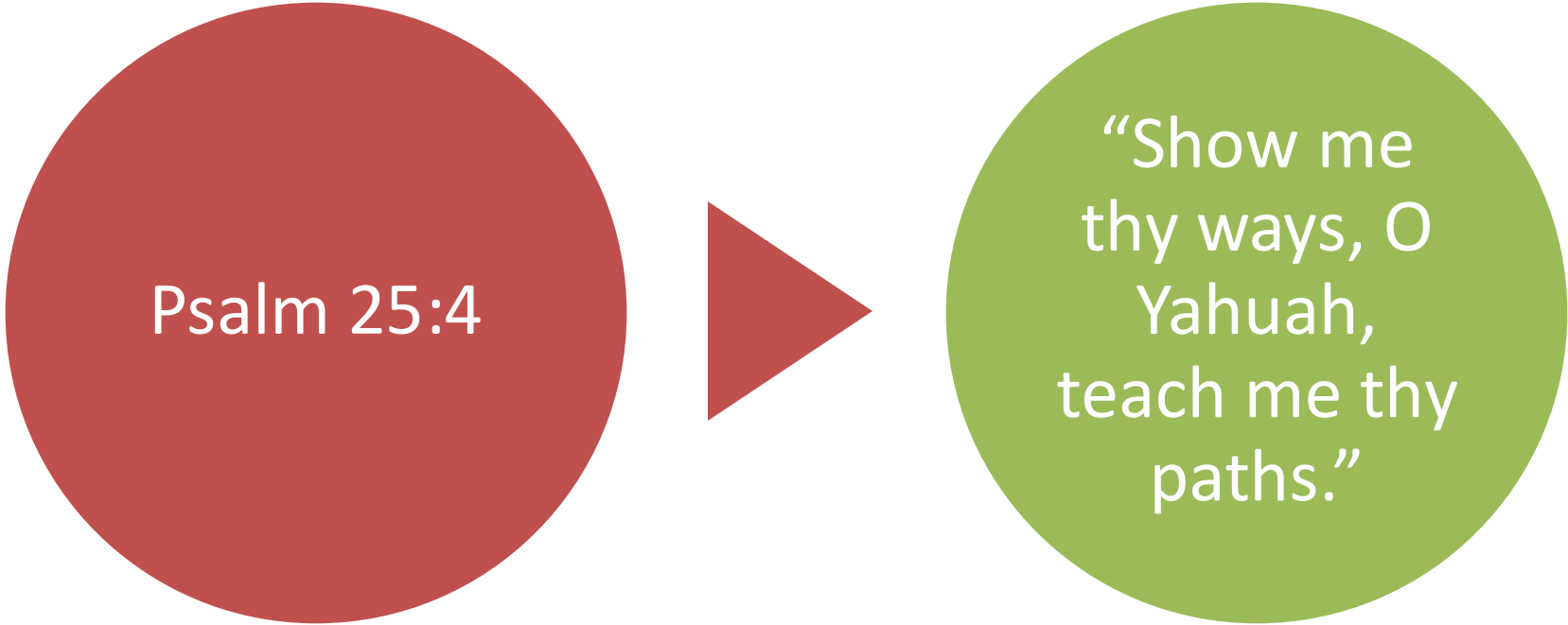
LAMED —  
Shepherd •  
Instruction •  
Guidance

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L

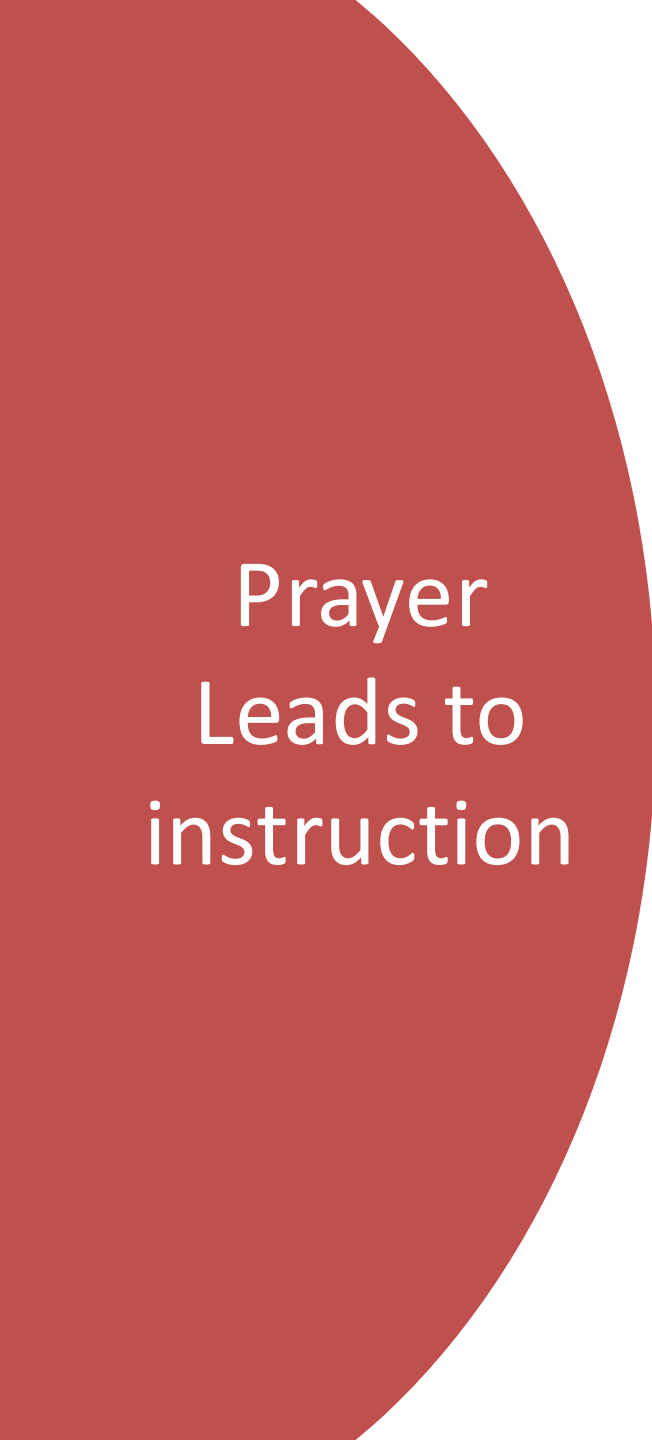
# Prayer is the classroom of the Shepard He trains, corrects, and guides

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Psalm 25:4

“Show me  
thy ways, O  
Yahuah,  
teach me thy  
paths.”



Prayer  
Leads to  
instruction

Baruch 3:14

“ Learn where is wisdom,  
where is strength, where is  
understanding; that thou  
mayest know also where is  
length of days, and life,  
where is the light of eyes, and  
peace.”



HEY — Behold • Revelation • Spirit



# Spiritual eyesight is opened

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Psalm 119:18

“Open thou mine eyes, that I may  
behold wondrous things out of thy  
Law.”



Revelation  
is granted  
by Alahim

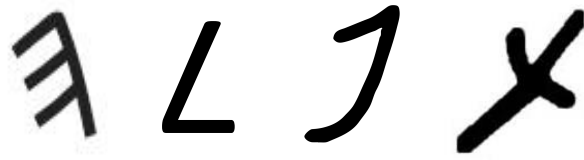
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Wisdom of Solomon 7:15

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“And Yah hath given me to speak  
as I would, and to conceive  
thoughts worthy of those things  
that are given me: because He is  
the guide of wisdom, and  
director of the wise.”

Tepillâh



Covenant-aligned breath led into revelation

# Ancient Function of Prayer



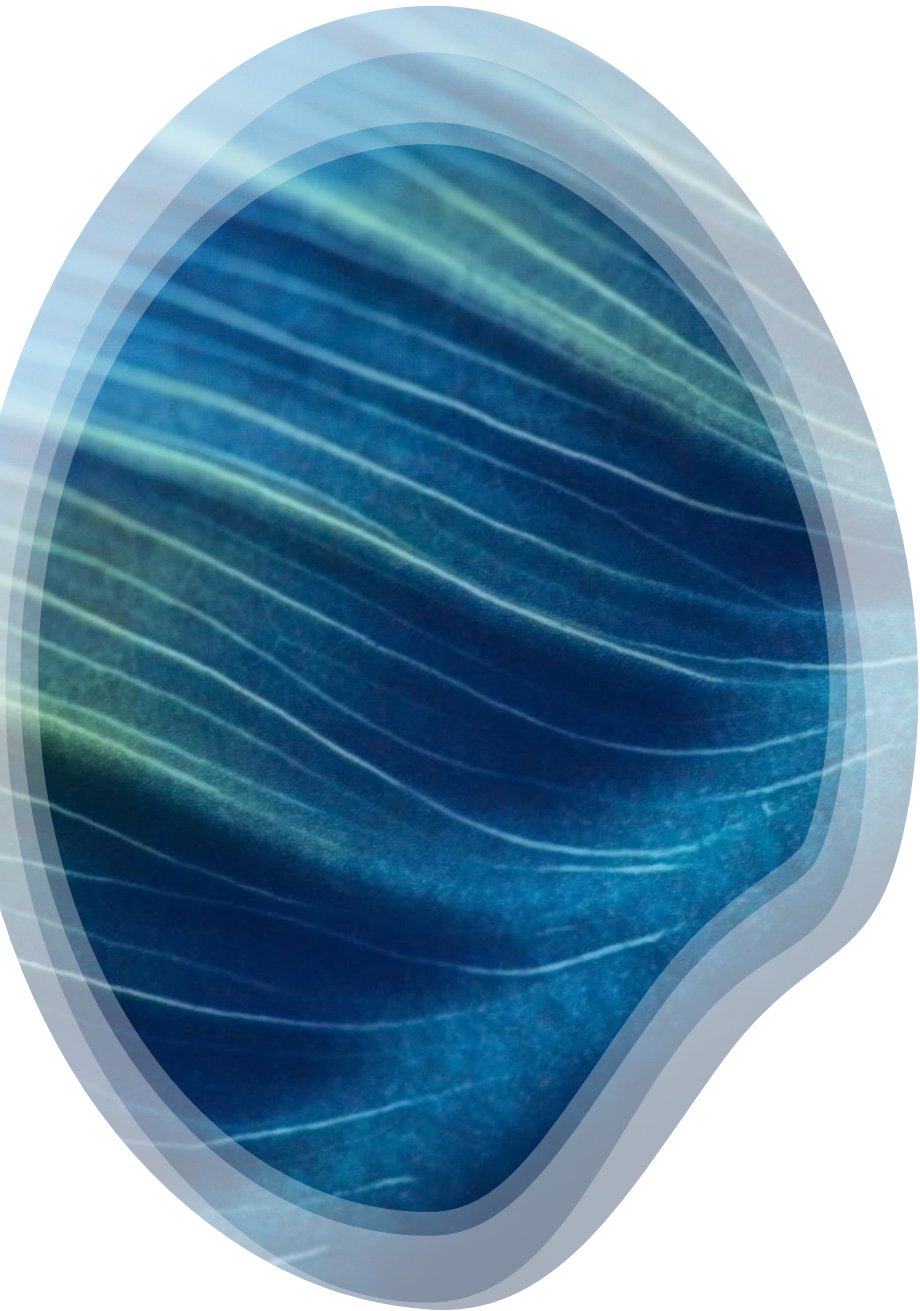
|        |                           |
|--------|---------------------------|
| Prayer | Alignment, not Chaos      |
| Prayer | Revelation, not confusion |



Root of  
Palal

Prayer = self-  
examination

Not  
condemnation,  
but correction



Psalm  
139:23

Let us  
read...

Prayer is  
awareness

---

Sirach 17:6–7

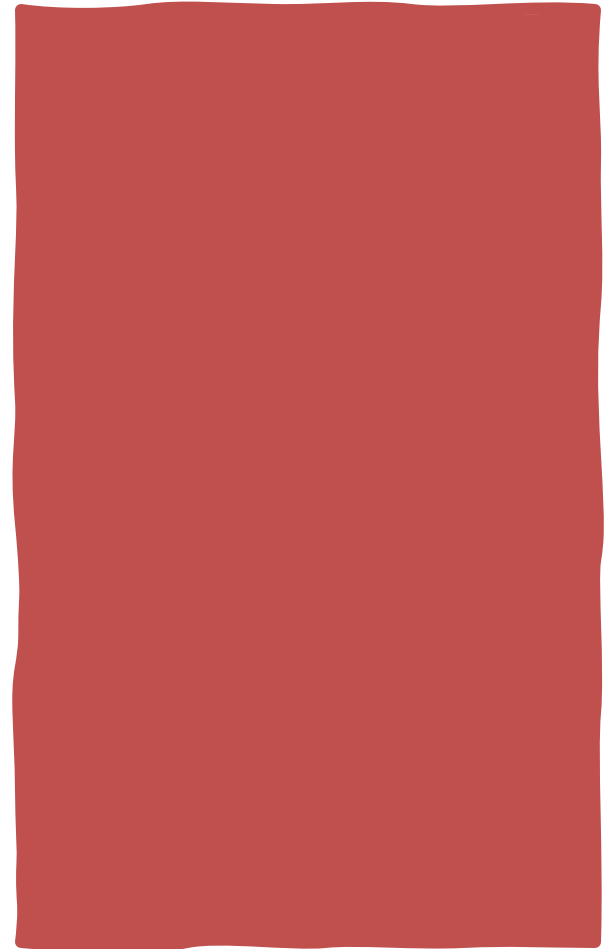
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Counsel, and a tongue, and  
eyes, ears and heart are  
given to understand

---

Withal He filled them with  
the Da'ath of Binah and  
shewed them good and evil.

How do we live  
this?



# Prayer Changes You First

- Prayer Transforms the heart before circumstances



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Taw= Identity

---

Pe= expression

---

Lamed=Instruction

---

Hey= revelation

# Daily Tepillah Steps

Pause

- Breathe

- Align

- Listen

- Receive

# Hannah

1 Samuel 1:10–13

Let us read..

# Shepard guides your steps

Psalms 32:8

I will instruct thee in which and teach thee in the way which thou shalt go: I will guide thee with mine eye.”

# Revelation Through Prayer

You exit prayer with something you didn't have  
when you entered

- Taw= Identity (Mark)
- Pe= expression
- Lamed=Instruction
- Hey= revelation

- James 5:16

- Sirach 35:16–17

# TEPILLÂH — The Ancient Path of Transforming Prayer